

UB SCOOP

March 2019



Hello Upward Bound! March has certainly come “In like a lion” this year. Let’s cross our fingers that it does go “out like a lamb. It seems that winter is having a hard time wanting to let go, but if we’re patient, we’ll see the beautiful flowers and more mild temperatures of Spring very soon. At Upward Bound, we’re keeping our spirits up as we plan and prepare. Though Spring will soon be here, we are already looking ahead toward Summer!

We are currently in the process of hiring our Summer staff, and we have some wonderful applicants this year! SAC members will be interviewing potential RAs soon, and we know they’ll do a wonderful job representing the interests of their peers in Upward Bound.

Class schedules will soon be ready, and Jackie and Rachel

will be visiting all of you at your schools in April so we can get your individual class schedules determined.

The rescheduled date for TRIO day, which was originally scheduled for February 23, but had to be canceled due to unsafe weather conditions, is the date of our upcoming March Saturday Academy; March 16. We will have a normal Saturday Academy schedule, followed by our TRIO day celebration. Families are welcome to attend the entire day, or just the celebration, which will take place from 11:00 AM – 2:00 PM. Lunch will be provided for all attendees.

Now, as we prepare for all of our Spring and Summer activities, let’s not forget our many newly admitted Upward Bound family members! Upward Bound would like to extend a warm welcome to all

of our new participants! You have been selected to join Upward Bound because you have demonstrated a desire to succeed and a willingness to work hard to prepare a bright future for yourselves. But it doesn’t stop there. Now is the time to show that Upward Bound is a priority by being committed to the activities and services that Upward Bound provides, including active participation in Field Tutoring and Saturday Academies. Active participation will show your dedication, while also expanding your horizons with new, exciting experiences alongside many new friends. Upward Bound is committed to providing the necessary resources for your success, so with those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.
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Special Points of interest:

- Saturday, March 16, 2019
Saturday Academy and TRIO Day Celebration –
Garrett-Strong Building –
8:30 AM- 2:00 PM
(TRIO Celebration begins at 11:00 AM)
- Saturday, April 6, 2019
Saturday Academy –
8:30 AM-12:30 PM
~ Seniors - bring Financial Aid Award Letters
- Tuesday, May 7 and Wednesday May 8, 2019
Summer Orientation –
6:00-7:30 PM (all students and parents must attend ONE night)

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2018-2019 Yearly Upward Bound Checklist

It is important to always make note of upcoming due dates and deadlines. This especially applies to your Upward Bound Student Checklist. Each grade has their own list of tasks to complete by the end of the academic year in May, with the exception of newly admitted students. If you were just admitted to Upward Bound this year, don't worry, you do not have a Checklist yet. ☺ All checklists for seasoned Ubers are on Canvas. <https://nwmissouri.instructure.com/login/canvas>

If you have not logged in for a while and you must reset your password, use this link <https://nwpass.nwmissouri.edu/pm/> and click on "Change Password". If you do not remember your password, click on "Reset Password". Finally, if you need additional help, call the Northwest Helpdesk at **660-562-1634**.

Once you have logged in to Canvas, you will see the main screen, or Dashboard, for your Checklist (class). This main page will show you all assignments for your Checklist, as well as dates that each is due. If you would like to see your progress, click on "Grades" on the left-hand side of the screen. This will show you what has been turned in and what has been "graded". Remember, your checklist will be used, in addition to other information, to help determine your eligibility to attend the STEM Merit Trip to Seattle in August.

If you have any questions about completing your Checklists, please contact Jackie or Rachel.

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As our new Upward Bound students prepare for the journey ahead, we have to remember that Upward Bound families also devote energy and make sacrifices for their child's success. We very much understand and respect the sacrifices being made so students get the best opportunities. There may be trying times for our students, when they may potentially feel overwhelmed or may be dealing with difficulties. If these experiences are seen as growth opportunities and our families can offer support, this can go a long way to helping participants improve themselves on an academic as well as a personal level. Open communication and support is key to ensuring student success both at home and through Upward Bound.

All of our newest Upward Bound members are listed below. Let's welcome and celebrate them as they embark on the journey toward college! Opportunities await! Welcome to Upward Bound!

Hunter Bennett	Tarkio	Addison Lair	Rock Port
Maggie Calfee	Maryville	Cameron Mackey	Maryville
Mickayla DeMint	Nodaway-Holt	Khale McDermott	King City
Lydia Dokken	Stanberry	Sydney Meeks	Maryville
Mercedes Gilliland	Maryville	Angylena Owens	Rock Port
Jaden Goodin	Tarkio	Anna Phipps	Stanberry
Jordan Graf	Tarkio	Morgan Shaw	Tarkio
Reece Green	Stanberry	Amethyst Somerville	Tarkio
Kaitlyn Hall	Tarkio	Jackson Williams	Stanberry
Brooke Hittle	King City	Allison Yarnell	Maryville
Kloe Jenkins	Nodaway-Holt	Breanna Walker	Nodaway-Holt
Ollie Johnson	King City	Jaycee Remmick	Maryville
Alieah Kendrick	Maryville	Angel Wallace	Tarkio

SENIOR SPOTLIGHT!

Skye Clark



Hey UB family! My senior year is going quite well! When I first joined UB as a rising senior, I thought I knew exactly what I wanted to be. I wanted to go to Missouri Western and get my BSN in nursing. I've been doing some soul searching lately and decided that I want to be a dentist! I plan on taking pre-dentistry courses at Northwest, and then going to Creighton's School of Dentistry in Nebraska! I had braces for almost 4 years of my life and I have honestly found the career of orthodontistry and dentistry to be very appealing to me!

Some advice I have for the underclassmen is this: when thinking about college and your future, make sure it's something you'll be comfortable with doing for the rest of your life. Take your interests and passions into account when choosing your career. That being said, it's perfectly okay to change your mind! That's the beauty of being human! Good Luck underclassmen with your future endeavors.

Love, Skye

Things to know for summer!

In order to help our summer to run more smoothly, there are a couple of things that we would like to remind students about. Please read ahead carefully.

1. All summer forms are available on the Upward Bound website. Forms can be found via this link: <http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please note: all forms are due by **APRIL 6, 2019**. If forms are not turned in by April 6, Upward Bound must assume that the student will not be participating in the summer component unless prior communication has occurred. If you are unable to print these documents at home, ask your School Counselor to print them for you, OR you can contact Jackie or Rachel to have a packet of forms mailed to you.

2. Absences during the summer session must be reported **before** summer begins. This is done in your summer forms packet. Any additional absences must be reported at least 1 week prior to the time you will be absent during the summer. Deduction of stipend and a Student Incident Report will occur if this process is not followed.

It is very difficult to plan for summer activities and expenditures if students are constantly coming and going without us having prior knowledge of those absences. We understand that things come up that you may not currently be aware of. Communication is a definite must in these cases. Students will need to speak with Jackie **IN PERSON** (not via text) if an unexpected absence will occur.

3. Due to the success of our non-caffeine habit the past two summers, Upward Bound will again provide re-useable water bottles for student use during the summer in order to promote hydration and healthy nutritional habits. Students may use a personal water bottle if they choose. Soft drinks (soda, pop, energy drinks, etc.) and coffee will not be allowed during academic hours or during on-campus meals. Many students stated during the summer that they felt better and didn't even miss caffeine after maybe a week. We are excited to continue healthy habits this summer!



WATCH D.O.G.S.

Upward Bound invites Watch D.O.G.S. (Dads of Great Students), including fathers, grandfathers, uncles, or other father figures, to volunteer at least one full day at Upward Bound during our summer component. Watch D.O.G.S. is an innovative father involvement, educational initiative of the National Center for Fathering. There are two primary goals of the worldwide Watch D.O.G.S. program:

1. To provide positive male role models for the students, demonstrating by their presence that education is important.
2. To provide extra sets of eyes and ears to enhance school security and reduce bullying.

It has been shown that fathers and father figures in the classroom can have a tremendously positive impact on the educational process! While at Upward Bound, Watch D.O.G.S. can perform a variety of tasks during their volunteer day, including monitoring during class breaks, assisting students in coursework, monitoring the lunch room, helping in the classroom with a teacher's guidance by working with small groups of students on homework, flashcards, spelling, or projects, and any other assigned activities where they actively engage with not only their own student(s), but other students as well.

Any father-figure who is interested in participating in Watch D.O.G.S. this summer is invited to sign up during one of our two Summer Orientation Meetings scheduled for Tuesday, May 7 or Wednesday, May 8, 2019 at 6:00-7:30 PM.

IMPORTANT DATES

Summer Orientation May 7 or May 8, 2019

6:00-7:30 PM

Students and parent(s)/guardian(s) must attend ONE orientation night. You may choose either date.

You will need to ensure that all forms for the summer component are turned in to the Upward Bound Office by **April 6, 2019**. Forms can be found on our website.

<http://www.nwmissouri.edu/trio/upwardbound/Forms.htm>

Please bring information on any additional summer absences that have not already been reported.

ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
April 13, 2019	March 8, 2019	Mar. 9-25, 2019
June 8, 2019	May 3, 2019	May 4-20, 2019
July 13, 2019	June 14, 2019	June 15-24, 2019

Always use the Upward Bound code: 9713

**Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

Saturday Academy April 6, 2019

SENIORS – Bring your Financial Award Letters!
Senior Workshop 11:20 AM-12:05 PM

Seniors, in lieu of a Spring Guidance and Grub, we will instead focus on understanding your Financial Aid Package during the April Saturday Academy Senior Workshop. Your parents/guardians are welcome to attend.

Please bring your Financial Aid Award letters received from your college and your student account information, usually found on your acceptance letters.

SPRING COLLEGE VISIT UMKC

This year's Spring college visit took place on Wednesday, March 13. Several Upward Bound students, as well as students from our sister-program, Upward Bound Math and Science, and a student from Northwest's Student Support Services program traveled to Kansas City, MO to visit University of Missouri-Kansas City. It is important to see what choices are available for college, and this was a perfect opportunity for these students to see first-hand whether UMKC might be the perfect fit. After the Admissions presentation, we took a rainy tour of the University and completed a campus-wide scavenger hunt. After eating in their dining hall, the group traveled to the UMKC School of Medicine. We were able to see first-hand what medical students are up to, including peering into a microscope at some tissue a class was studying! It sounds like a couple of students might now be thinking of going to medical school in Kansas City. Overall, our students had a great time!



2019 UB Summer Session
June 2-July 3

2019 Summer Enrichment Trip
July 8-12

UB Contact Information

Office: 660-562-1630

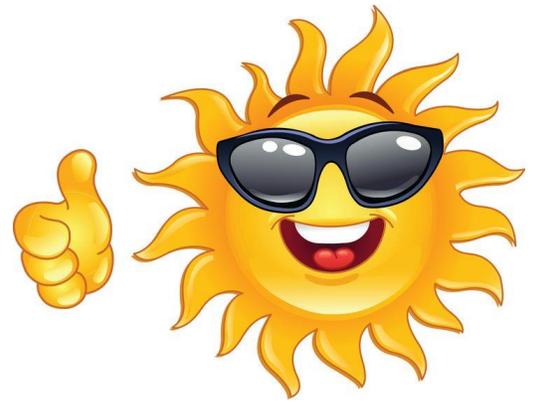
Fax: 660-562-1631

Email: jackiec@nwmissouri.edu

wistrom@nwmissouri.edu

Summer

2019



Week 1

Sunday, June 2	Move-in to the Northwest residence halls 3:00-4:00pm for SAC 4:00-4:45pm for New Students 4:45-5:30pm for Returning Students
Monday, June 3	Bridge Seminar Family Group Evening Activities
Tuesday, June 4	Bridge Seminar Tutoring in Hall and Family Visitor Night
Wednesday, June 5	Bridge Seminar Service Learning Activities
Thursday, June 6	Bridge Seminar Large Group Activity Night- Patee House/Glore Museum and Skating
Friday, June 7	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 2

Sunday, June 9	Return to the residence halls for check-in (7-9pm)
Monday, June 10	Bridge classes begin Family Group Evening Activities
Tuesday, June 11	Tutoring in Hall and Visitor Night
Wednesday, June 12	Service Learning Activities
Thursday, June 13	Large Group Activity Night – KC Zoo and Museum of Illusions
Friday, June 14	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 3

Sunday, June 16	Return to the residence halls for check-in (7-9pm)
Monday, June 17	Family Group Evening Activities
Tuesday, June 18	Tutoring in Hall and Visitor Night
Wednesday, June 19	Service Learning Activities
Thursday, June 20	Large Group Activity Night – NWMSU College Visit and UB Formal
Friday, June 21	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 4

Sunday, June 23	Return to the residence halls for check-in (7-9pm)
Monday, June 24	Family Group Evening Activities
Tuesday, June 25	Tutoring in Hall and Visitor Night
Wednesday, June 26	Service Learning Activities
Thursday, June 27	Large Group Activity Night – Lied Center and The Hangar
Friday, June 28	Presentations and workshops Job Shadowing/Work Study Check out of the residence halls (11am-12:30pm)

Week 5

Sunday, June 30	Return to the residence halls for <u>early check-in</u> (12:30-1:30pm) Academic Classes UB Special Event Night (6:30-9pm)
Monday, July 1	Family Group Evening Activities
Tuesday, July 2	Regular Academic Day Large Group Activity Night – WWI Museum and New Theater “Buddy Holly”
Wednesday, July 3	Move-out day & Awards Ceremony - TIMELINE TBD
Thursday, July 4	Independence Day Holiday – NO UB
Friday, July 5	NO UB – Complete Memphis packet for Monday

Week 6

Monday, July 8	Leave on trip to Memphis
Friday, July 12	Return from Memphis